

CAN-AM TELEVISION LISTINGS

ALL TIMES ARE EASTERN TIME ZONE – Broadcast times can change – check your local listings

N = première broadcast; L = live; SDD = same day/tape-delayed; R = repeat; HD = available in high definition format

• **Taping advice:** Race broadcasts often run beyond scheduled finish times: set your VCR for at least a half-hour extra time. Also, the reruns of NASCAR races on SPEED often run well beyond their scheduled finish times.

Updated: **March 8, 2010**

MONDAY, MARCH 8

7:00P-8:00	HD Theater	2008 Race of Champions, Wembley Stadium, London, England, Dec 14/08
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
9:30P-10:00	SPEED	Sounds of NASCAR, HD, N
10:00P-10:30	SPEED	NASCAR in a Hurry – Monday Edition, <i>Kobalt Tools 500</i> , HD, L
10:00P-11:00	HD Theater	FIM Speedway Grand Prix Series, WC Event 2, Peterborough, UK, July 13/09
10:30P-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

TUESDAY, MARCH 9

12:00m-1:00A	espn2	NASCAR Now
1:00A-2:00	HD Theater	FIM Speedway Grand Prix Series, WC Event 2, Peterborough, UK, July 13/09
1:30A-2:00	SPEED	Sounds of NASCAR, HD, R
2:00A-3:00	HD Theater	2008 Race of Champions, Wembley Stadium, London, England, Dec 14/08
2:00A-2:30	SPEED	NASCAR in a Hurry – Monday Edition, <i>Kobalt Tools 500</i> , HD, R
2:30A-3:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
2:30A-4:30	ESPN-CL	NASCAR: 1988 <i>Checker 500</i> , Phoenix, AZ, Nov 6/88, R
3:00A-4:00	SPEED	National Arenacross Series, BOK Center, Tulsa, OK, Feb 6-7/10, HD, R
4:00A-5:00	SPEED	National Arenacross Series, Covelli Centre #1, Youngstown, OH, Feb 12-14/10, HD, R
5:00A-6:00	HD Theater	FIM Speedway Grand Prix Series, WC Event 2, Peterborough, UK, July 13/09
9:30A-10:00	SPEED	Sounds of NASCAR, HD, R
10:00A-10:30	SPEED	NASCAR in a Hurry – Monday Edition, <i>Kobalt Tools 500</i> , HD, R
10:30A-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
12:30P-3:00	SPEED	Daytona Bike Week: Daytona Sportbike <i>Daytona 200</i> , Daytona Intl. Speedway, Mar 5/10, HD, R
3:00P-4:00	HD Theater	FIM Speedway Grand Prix Series, WC Event 1, Vojens, Denmark, July 11/09
6:00P-6:30	espn2	NASCAR Now, L
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:00P-9:00	SPEED	Race in 60: NASCAR Sprint Cup wrapup. <i>Kobalt Tools 500</i> at Atlanta Motor Speedway, HD, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

WEDNESDAY, MARCH 10

12:00m-1:00A	SPEED	Race in 60: NASCAR Sprint Cup wrapup. <i>Kobalt Tools 500</i> at Atlanta Motor Speedway, HD, R
1:00A-1:30	espn2	NASCAR Now, R
3:00A-5:00	SPEED	<i>Chili Bowl Midget Nationals</i> , QuikTrip Center, Tulsa, OK, Jan 16/10, R
8:00A-9:00	SPEED	Race in 60: NASCAR Sprint Cup wrapup. <i>Kobalt Tools 500</i> at Atlanta Motor Speedway, HD, R

12:00n-3:00P	SPEED	NASCAR Sprint Cup Replay: <i>Kobalt Tools 500</i> , Atlanta Motor Speedway, Mar 7/10, HD, R-FOX
5:00P-5:30	espn2	NASCAR Now, L
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:30A-9:00	SPEED	Sounds of NASCAR, HD, R
10:00P-11:00	SHO	Inside NASCAR, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

THURSDAY, MARCH 11

12:00m-1:00A	SHO	Inside NASCAR, R
12:30A-1:00	SPEED	Sounds of NASCAR, HD, R
1:30A-2:00	espn2	NASCAR Now, R
3:00A-5:00	SPEED	Australian V8 Supercars, Yas Marina Circuit, Abu Dhabi, United Arab Emirates, Feb 20/10, R
8:30A-9:00	SPEED	Sounds of NASCAR, HD, R
12:00n-2:30P	SPEED	AMA Supercross, Daytona Intl. Speedway, Mar 6/10, HD, R
1:00P-2:00	TSN	Rally: <i>Targa Newfoundland 2009</i> , Sept 11-18/09, HD, R
2:30P-3:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
3:00P-6:00	SPEED	NASCAR Classics: TBA
4:00P-5:00	TSN2	Rally: <i>Targa Newfoundland 2009</i> , Sept 11-18/09, HD, R
6:00P-7:00	SPEED	Race in 60: NASCAR Sprint Cup wrapup. <i>Kobalt Tools 500</i> at Atlanta Motor Speedway, HD, R
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

FRIDAY, MARCH 12

12:00m-12:30A	espn2	NASCAR Now, N
4:00A-4:30	SPEED	Motorweek, 15010, R
6:00A-7:30	SPEED	FIA Formula 1 PRACTICE, Gulf Air Bahrain Grand Prix, Bahrain, L
7:30A-8:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
10:30A-11:00	SPEED	Motorweek, 15011, N
1:00P-1:30	TSN	Planet Speed, R
4:00P-4:30	TSN2	Planet Speed, R
12:00n-3:00P	SPEED	Grand-Am Rolex Sports Car Series, <i>Grand Prix of Miami</i> , Homestead, FL, Mar 6/10, HD, R
6:00P-7:00	ESPN-CL-CA	NHRA Drag Racing: 2003 <i>O'Reilly Fall Nationals</i> , Dallas, TX, Oct 12/03
7:00P-9:00	ESPN-CL-CA	Classic NASCAR: 1979 <i>Daytona 500</i> , Daytona, FL, Feb 19/79
7:00P-8:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Daytona 500</i> wrapup. HD, R
8:00P-9:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Auto Club 500</i> , Fontana wrapup. HD, R
9:00P-10:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Shelby American</i> , Las Vegas, wrapup. HD, R
10:00P-11:00	SPEED	Race in 60: NASCAR Sprint Cup wrapup. <i>Kobalt Tools 500</i> at Atlanta Motor Speedway, HD, R
11:30P-12:00m	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R

SATURDAY, MARCH 13

12:00m-12:30A	SPEED	Sounds of NASCAR #1, HD, R
12:30A-1:00A	SPEED	Sounds of NASCAR #2, HD, R
12:30A-1:30A	TSN	Rally: <i>Targa Newfoundland 2009</i> , Sept 11-18/09, HD, R
1:00A-1:30	SPEED	Mobil 1 <i>The Grid</i> , motorsports action worldwide, HD, N

1:30A-3:00	SPEED	FIA Formula 1 PRACTICE, <i>Gulf Air Bahrain Grand Prix</i> , Bahrain, Mar 12/10, R
3:00A-5:00	ESPN-CL-CA	Classic NASCAR: 1979 <i>Daytona 500</i> , Daytona, FL, Feb 19/79, R
3:30A-4:30A	TSN2	Rally: <i>Targa Newfoundland</i> 2009, Sept 11-18/09, HD, R
5:00A-6:00	ESPN-CL-CA	NHRA Drag Racing: 2003 <i>O'Reilly Fall Nationals</i> , Dallas, TX, Oct 12/03, R
5:52A-7:30	RDS	Qualifications Formule 1: Bahrein, L
5:55A-7:00	TSN	FIA Formula 1 QUALIFYING, <i>Gulf Air Bahrain Grand Prix</i>, Bahrain, 16:9, L
6:00A-7:30	SPEED	FIA Formula 1 QUALIFYING, <i>Gulf Air Bahrain Grand Prix</i>, Bahrain, L
9:00A-10:00	TSN2	FIA Formula 1 QUALIFYING, <i>Gulf Air Bahrain Grand Prix</i> , Bahrain, 16:9, R-TSN
11:30A-12:00n	SPEED	Lucas Oil Drag Boats, 2009 season review, N
12:00n-1:00P	SPEED	Race in 60: NASCAR Sprint Cup wrapup. <i>Kobalt Tools 500</i> at Atlanta Motor Speedway, HD, R
1:00P-3:00	SPEED	Grand-Am Continental Tire Challenge, Homestead, FL, Mar 6/10, HD, N
2:00P-3:00	VS	IZOD Indycar Series QUALIFYING, São Paulo, Brazil, HD, L
3:00P-4:00	SPEED	Lucas Oil Off Road Racing: Lake Elsinore (14017), N
4:00P-5:00	SPEED	Lucas Oil Off Road Racing: Lake Elsinore (14018), N
5:00P-6:00	SPEED	IHRA Nitro Jam Drag Racing, 2009 year in review part #1, HD, N
6:00P-7:00	SPEED	IHRA Nitro Jam Drag Racing, 2009 year in review part #2, HD, N
7:30P-10:30	SPEED	AMA Supercross Special, Rogers Centre, Toronto, ON, HD, L
10:30P-12:00m	SPEED	FIA Formula 1 QUALIFYING, <i>Gulf Air Bahrain Grand Prix</i> , Bahrain, R

SUNDAY, MARCH 14 (DAYLIGHT SAVING TIME BEGINS AT 2:00A)

12:00m-1:30A	RDS	Qualifications Formule 1: Bahrein, R
12:00m-3:00A	espn2	NHRA Full Throttle Drag Racing Series QUALIFYING, <i>Tire Kingdom Gatornationals</i>, Gainesville, FL, March 13/10, N
10:00A-12:00n	espn2	NHRA Full Throttle Drag Racing Series QUALIFYING, <i>Tire Kingdom Gatornationals</i> , Gainesville, FL, March 13/10, R
12:00m-4:00A	SPEED	AMA Supercross Special, Rogers Centre, Toronto, ON, HD, R (3-hour broadcast)
2:00A	DAYLIGHT SAVING TIME BEGINS (MOVE CLOCKS FORWARD ONE HOUR)	
7:00A-10:00	RDS	Les Grands Prix De Formule 1: Bahrein, L
7:30A-10:00	SPEED	FIA Formula 1 <i>Gulf Air Bahrain Grand Prix</i>, Bahrain, L
7:55A-10:00	TSN	FIA Formula 1 <i>Gulf Air Bahrain Grand Prix</i>, Bahrain, 16:9, L
11:30A-3:00	TSN2	IZOD Indycar Series, São Paulo, Brazil, HD, L
11:30A-12:00n	VS	IZOD Indycar Series PRE-RACE, São Paulo, Brazil, HD, L
12:00n-2:30P	VS	IZOD Indycar Series, São Paulo, Brazil, HD, L
12:00n-2:40	RDS	La Série Indycar: Indy 300 (Brésil), L
12:00n-12:30P	espn2	NHRA Race Day, Gainesville, FL, N
1:00P-1:30	SPEED	Mobil 1 <i>The Grid</i> , motorsports action worldwide, HD, R
1:30P-4:00	SPEED	FIA Formula 1 <i>Gulf Air Bahrain Grand Prix</i> , Bahrain, SDD, R
4:00A-5:00	SPEED	National Arenacross Series, Covelli Centre Part #2, Youngstown, OH, Feb 12-14/10, HD, N
5:00P-7:00	TSN2	FIA Formula 1 <i>Gulf Air Bahrain Grand Prix</i> , Bahrain, 16:9, R-TSN
5:00P-6:00	SPEED	AMA Supercross Lites, Rogers Centre, Toronto, ON, Mar 13/10, HD, N
6:00P-7:00	SPEED	AMA Supercross, Rogers Centre, Toronto, ON, Mar 13/10, HD, N
6:00P-9:00	espn2	NHRA Full Throttle Drag Racing Series ELIMINATIONS, <i>Tire Kingdom Gatornationals</i>, Gainesville, FL, SDD, N
7:00P-8:00	SPEED	The SPEED Report, HD, N
9:00P-10:00	SPEED	Wind Tunnel with Dave Despain, HD, L

MONDAY, MARCH 15

1:00A-2:00	SPEED	The SPEED Report, HD, R
3:00A-4:00	SPEED	Wind Tunnel with Dave Despain, HD, R
8:00A-9:00	SPEED	The SPEED Report, HD, R
10:00A-11:00	SPEED	Wind Tunnel with Dave Despain, HD, R
12:00n-2:00P	ESPN-CL	NASCAR: 1986 <i>First Union 400</i> , North Wilkesboro, NC, Apr 20/86
12:00n-12:30P	SPEED	Mobil 1 <i>The Grid</i> , motorsports action worldwide, HD, R
12:30P-3:00	SPEED	FIA Formula 1 <i>Gulf Air Bahrain Grand Prix</i> , Bahrain, Mar 14/10, R
1:30P-4:30	RDS	Les Grands Prix De Formule 1: Bahrein, R
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
9:30P-10:00	SPEED	Sounds of NASCAR, HD, R
10:00P-11:00	HD Theater	FIM Speedway Grand Prix Series, WC Race Off, Leszno, Poland, July 16/09
10:30P-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

TUESDAY, MARCH 16

1:00A-2:00	HD Theater	FIM Speedway Grand Prix Series, WC Race Off, Leszno, Poland, July 16/09, R
1:30A-2:00	SPEED	Sounds of NASCAR, HD, R
2:30A-3:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
3:00A-4:00	SPEED	National Arenacross Series, Covelli Centre #1, Youngstown, OH, Feb 12-14/10, HD, R
4:00A-5:00	SPEED	National Arenacross Series, Covelli Centre #2, Youngstown, OH, Feb 12-14/10, HD, R
5:00A-6:00	HD Theater	FIM Speedway Grand Prix Series, WC Race Off, Leszno, Poland, July 16/09, R
9:30A-10:00	SPEED	Sounds of NASCAR, HD, R
9:30A-12:00n	RDS	La Série Indycar: Indy 300 (Brésil), R
10:30A-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
1:00P-2:00	SPEED	AMA Supercross, Rogers Centre, Toronto, ON, Mar 13/10, HD, R
2:00P-3:00	SPEED	AMA Supercross Lites, Rogers Centre, Toronto, ON, Mar 13/10, HD, R
3:00P-4:00	HD Theater	FIM Speedway Grand Prix Series, WC Event 2, Peterborough, UK, July 13/09, R
5:00P-5:30	espn2	NASCAR Now
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:00P-9:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Daytona 500</i> wrapup. HD, R
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

WEDNESDAY, MARCH 17

12:00m-1:00A	SPEED	Race in 60: NASCAR Sprint Cup <i>Daytona 500</i> wrapup. HD, R
3:00A-4:00	SPEED	AMA Supercross, Rogers Centre, Toronto, ON, Mar 13/10, HD, R
4:00A-5:00	SPEED	AMA Supercross Lites, Rogers Centre, Toronto, ON, Mar 13/10, HD, R
8:00A-9:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Daytona 500</i> wrapup. HD, R
12:00n-3:00P	SPEED	AMA Supercross Special, Rogers Centre, Toronto, ON, Mar 13/10, HD, R
12:00n-3:00P	TSN	NHRA Full Throttle Drag Racing Series ELIMINATIONS, <i>Tire Kingdom Gatornationals</i> , Gainesville, Mar 14/10, HD
3:00P-6:00	TSN2	NHRA Full Throttle Drag Racing Series ELIMINATIONS, <i>Tire Kingdom Gatornationals</i> , Gainesville, Mar 14/10, HD, R-TSN
5:00P-5:30	espn2	NASCAR Now
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:30P-9:00	SPEED	Sounds of NASCAR, HD, R

9:00P-11:00	ESPN-CL	IRL IndyCar <i>Firestone 300</i> , Motegi, Japan, April 21/08
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

THURSDAY, MARCH 18

12:30A-1:00P	SPEED	Sounds of NASCAR, HD, R
1:30A-2:00	espn2	NASCAR Now, R
3:00A-5:00	SPEED	Australian V8 Supercars <i>Desert 400</i> , Bahrain International Circuit, Manama, Bahrain, Feb 27/10, R
8:30A-9:00	SPEED	Sounds of NASCAR, HD, R
12:00n-2:00P	SPEED	Grand-Am Continental Tire Challenge, Homestead, FL, Mar 6/10, HD, R
2:00P-3:00	SPEED	FIM World Supersport, Phillip Island, Australia, Feb 28/10, R
3:00P-6:00	SPEED	NASCAR Classics: TBA
5:00P-5:30	espn2	NASCAR Now, L
6:00P-7:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Daytona 500</i> wrapup. HD, R
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
10:00P-10:30	HD Theater	World Rally Championship Mexico Rally, preview, N
10:30P-11:00	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 1, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

FRIDAY, MARCH 19

1:00A-1:30	HD Theater	World Rally Championship Mexico Rally, preview, R
1:30A-2:00	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 1, R
1:30A-2:00	espn2	NASCAR Now, R
4:00A-4:30	SPEED	Motorweek, 15011, R
5:00A-5:30	HD Theater	World Rally Championship Mexico Rally, preview, R
5:30A-6:00	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 1, R
10:30A-11:00	SPEED	Motorweek, 15012, N
12:00n-1:30P	SPEED	NASCAR Sprint Cup PRACTICE, <i>Food City 500</i>, Bristol Motor Speedway, HD, L
1:30P-3:30	SPEED	NASCAR Nationwide Series PRACTICE, <i>Scotts Turf Builder 300</i>, Bristol Motor Speedway, Bristol, TN, HD, L
3:30P-5:00	SPEED/TSN2	NASCAR Sprint Cup QUALIFYING, <i>Food City 500</i>, Bristol Motor Speedway, HD, L
5:00P-6:00	SPEED	NASCAR Nationwide Series FINAL PRACTICE, <i>Scotts Turf Builder 300</i>, Bristol Motor Speedway, Bristol, TN, HD, L
6:00P-6:30	SPEED	NASCAR Live at Bristol Motor Speedway, HD, L
6:00P-6:30	espn2	NASCAR Now, L
6:30P-7:00	SPEED	Sounds of NASCAR, HD, R
7:00P-8:00	SPEED	Trackside (NASCAR) at Bristol Motor Speedway, HD, L
8:00P-9:30	SPEED	NASCAR Sprint Cup PRACTICE, <i>Food City 500</i> , Bristol Motor Speedway, HD, SDD, R
9:30P-11:00	SPEED	NASCAR Sprint Cup QUALIFYING, <i>Food City 500</i> , Bristol Motor Speedway, HD, SDD, R
10:00P-10:30	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 2, N
10:30P-11:00	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 3, N
11:00P-12:00m	SPEED	Trackside (NASCAR) at Bristol Motor Speedway, HD, R

SATURDAY, MARCH 20

12:00m-2:00A	SPEED	NASCAR Nationwide Series PRACTICE, <i>Scotts Turf Builder 300</i> , Bristol Motor Speedway, Bristol, TN, Mar 19/10, HD, R
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1:00A-1:30	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 2, R
1:30A-2:00	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 3, R
1:30A-2:00	espn2	NASCAR Now, R
2:00A-3:00	SPEED	NASCAR Nationwide Series FINAL PRACTICE, <i>Scotts Turf Builder 300</i> , Bristol Motor Speedway, Bristol, TN, Mar 19/10, HD, R
3:00A-4:00	SPEED	IHRA Nitro Jam Drag Racing, 2009 year in review part #1, HD, R
4:00A-5:00	SPEED	IHRA Nitro Jam Drag Racing, 2009 year in review part #2, HD, R
7:00A-7:30	SPEED	Motorweek, 15012, R
9:00A-9:30	HD Theater	World Rally Championship Mexico Rally, preview, R
9:30A-10:00	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 1, R
10:00A-12:00n	SPEED	American Le Mans Series <i>Mobil 1 Twelve Hours of Sebring</i> Part #1, Sebring, FL, HD, L
10:00A-10:30	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 2, R
10:30A-11:00	HD Theater	World Rally Championship Mexico Rally, Mar 5-7/10, Day 3, R
12:00n-1:00P	SPEED/TSN	NASCAR Nationwide Series QUALIFYING, <i>Scotts Turf Builder 300</i>, Bristol Motor Speedway, Bristol, TN, HD, L
1:00P-2:00	SPEED	NASCAR Sprint Cup FINAL PRACTICE, <i>Food City 500</i>, Bristol Motor Speedway, HD, L
2:00P-11:00	SPEED	American Le Mans Series <i>Mobil 1 Twelve Hours of Sebring</i> Part #2, Sebring, FL, HD, L
2:00P-2:30	ABC/TSN	NASCAR Nationwide Series COUNTDOWN, <i>Scotts Turf Builder 300</i>, Bristol Motor Speedway, Bristol, TN, HD, L
2:30P-5:00	ABC/TSN	NASCAR Nationwide Series <i>Scotts Turf Builder 300</i>, Bristol Motor Speedway, Bristol, TN, HD, L (expect green at 2:43P)
3:00P-4:00	TSN2	NASCAR Nationwide Series QUALIFYING, <i>Scotts Turf Builder 300</i> , Bristol Motor Speedway, Bristol, TN, HD, SDD, R-TSN
5:30P-6:30	espn2	Saturday Night Showdown at Bristol, a 35-lap 'All-Star' race, Bristol Motor Speedway, L
11:00P-11:30	SPEED	NASCAR Performance, Bristol Motor Speedway, N
SUNDAY, MARCH 21		
12:00m-12:30A	SPEED	Mobil 1 The Grid, N
3:00A-5:00	espn2	NASCAR Nationwide Series <i>Scotts Turf Builder 300</i> , Bristol Motor Speedway, Bristol, TN, Mar 20/10, HD, R-ESPN
8:30A-9:00	SPEED	NASCAR Performance, Bristol Motor Speedway, R
9:00A-10:00	espn2	NASCAR Now, pre-race, L
9:30A-10:00n	SPEED	NASCAR in a Hurry, Bristol Motor Speedway, HD, L
10:00A-12:00n	SPEED	NASCAR RaceDay, preview of today's <i>Food City 500</i> at Bristol Motor Speedway, HD, L
10:00A-11:00	HD Theater	World Rally Championship Mexico Rally, Event Highlights, Mar 5-7/10, N
10:00A-11:00	espn2	NHRA Lucas Oil Drag Racing Sportsman Series, Gainesville, FL, Mar 14/10, N
11:00A-11:30	espn2	NHRA Get Screened America Pro Modified Series, Gainesville, FL, Mar 14/10, N
11:00A-12:00	TSN	NASCAR Now, HD, N
12:00n-12:30P	TSN	Planet Speed, N
12:00n-1:00P	SPEED	Lucas Oil Off Road Racing: Lake Elsinore (14019), N
12:00n-1:00P	FOX/TSN2	NASCAR Sprint Cup PRE-RACE, <i>Food City 500</i>, Bristol Motor Speedway, HD, L
1:00P-4:30	FOX/TSN2	NASCAR Sprint Cup <i>Food City 500</i>, Bristol Motor Speedway, HD, L (expect green at 1:13P)
2:00P-4:00	SPEED	Australian V8 Supercars <i>Clipsal 500</i>, Adelaide, AUS, Mar 14/10, N

4:00P-5:00	VS	AMSOIL Championship Snocross: Quick Draw Canadian Nationals - Sarnia, ON, Feb 19-21/10
4:00P-5:00	SPEED	National Arenacross Series, Alamodome, San Antonio, TX, Feb 21/10, HD, N
5:00P-6:00	SPEED	AMA Supercross Lites, Cowboy Stadium, Arlington, TX, March 20/10, HD, N
6:00P-7:00	SPEED	AMA Supercross Cowboy Stadium, Arlington, TX, March 20/10, HD, N
7:00P-8:00	SPEED	The SPEED Report, HD, N
8:00P-9:00	SPEED	NASCAR Victory Lane, <i>Food City 500</i> at Bristol Motor Speedway, HD, L
9:00P-10:00	SPEED	Wind Tunnel with Dave Despain, HD, L

MONDAY, MARCH 22

1:00A-2:00	SPEED	The SPEED Report, HD, R
2:00A-3:00	SPEED	NASCAR Victory Lane, <i>Food City 500</i> at Bristol Motor Speedway, HD, R
3:00A-4:00	SPEED	Wind Tunnel with Dave Despain, HD, R
8:00A-9:00	SPEED	The SPEED Report, HD, R
9:00A-10:00	SPEED	NASCAR Victory Lane, <i>Food City 500</i> at Bristol Motor Speedway, HD, R
10:00A-11:00	SPEED	Wind Tunnel with Dave Despain, HD, R
12:00n-2:00P	SPEED	Australian V8 Supercars <i>Clipsal 500</i> , Adelaide, AUS, Mar 14/10, R
2:00P-3:00	SPEED	National Arenacross Series, Alamodome, San Antonio, TX, Feb 21/10, HD, R
5:00P-6:00	espn2	NASCAR Now, L
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
9:30P-10:00	SPEED	Sounds of NASCAR, HD, N
10:00P-10:30	SPEED	NASCAR in a Hurry - Monday Edition, Bristol Motor Speedway, HD, N
10:30P-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

TUESDAY, MARCH 23

1:30A-2:00	SPEED	Sounds of NASCAR, HD, R
2:00A-2:30A	SPEED	NASCAR in a Hurry - Monday Edition, Bristol Motor Speedway, HD, R
2:30A-3:30	espn2	NASCAR Now, R
2:30A-3:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
3:00A-4:00	SPEED	National Arenacross Series, Covelli Centre Part #2, Youngstown, OH, Feb 12-14/10, HD, R
4:00A-5:00	SPEED	National Arenacross Series, Alamodome, San Antonio, TX, Feb 21/10, HD, R
9:30A-10:00	SPEED	Sounds of NASCAR, HD, R
10:00A-10:30	SPEED	NASCAR in a Hurry - Monday Edition, Bristol Motor Speedway, HD, R
10:30A-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
1:00P-2:00	SPEED	AMA Supercross Lites, Cowboy Stadium, Arlington, TX, March 20/10, HD, R
2:00P-3:00	SPEED	AMA Daytona Superbike, Daytona Intl. Speedway, Mar 4-5/10, HD, R
5:00P-5:30	espn2	NASCAR Now, L
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:00P-9:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Food City 500</i> at Bristol Motor Speedway wrap up. HD, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

WEDNESDAY, MARCH 24

12:00m-1:00A	SPEED	Race in 60: NASCAR Sprint Cup <i>Food City 500</i> at Bristol Motor Speedway wrap up. HD, R
1:30A-2:00	espn2	NASCAR Now, R
3:00A-4:00	SPEED	AMA Supercross Lites, Cowboy Stadium, Arlington, TX, March 20/10, HD, R

4:00A-5:00	SPEED	AMA Daytona Superbike, Daytona Intl. Speedway, Mar 4-5/10, HD, R
8:00A-9:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Food City 500</i> at Bristol Motor Speedway wrap up. HD, R
12:00n-3:00P	SPEED	NASCAR Sprint Cup Replay: <i>Food City 500</i> , Bristol Motor Speedway, Mar 21/10, HD, R-FOX
1:30P-2:00	TSN2	Planet Speed, N
5:00P-5:30	espn2	NASCAR Now, L
6:30P-7:00	TSN2	Planet Speed, R
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:30P-9:00	SPEED	Sounds of NASCAR, HD, R
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

THURSDAY, MARCH 25

12:30A-1:00	espn2	NASCAR Now, R
12:30A-1:00	SPEED	Sounds of NASCAR, HD, R
3:00A-5:00	SPEED	Australian V8 Supercars <i>Clipsal 500</i> , Adelaide, AUS, Mar 14/10, R
5:00A-5:30	espn2	NASCAR Now, R
8:30A-9:00	SPEED	Sounds of NASCAR, HD, R
12:00n-2:30P	SPEED	NASCAR Nationwide Series <i>Scotts Turf Builder 300</i> , Bristol Motor Speedway, Bristol, TN, Mar 20/10, HD, R-ABC
2:30P-3:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
3:00P-6:00	SPEED	NASCAR Classics: TBA
5:00P-5:30	espn2	NASCAR Now, L
6:00P-7:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Food City 500</i> at Bristol Motor Speedway wrap up. HD, R
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

FRIDAY, MARCH 26

1:00A-1:30	SPEED	Sounds of NASCAR, HD, R
1:30A-2:00	espn2	NASCAR Now, R
1:30A-3:00	SPEED	FIA Formula 1 PRACTICE. QANTAS Australian Grand Prix, Albert Park, Melbourne, AUS, L
4:00A-4:30	SPEED	Motorweek, 15012, R
10:30A-11:00	SPEED	Motorweek, 15013, N
11:00A-11:30	SPEED	NASCAR Live at Martinsville Speedway, HD, L
11:30A-1:00P	SPEED	NASCAR Sprint Cup PRACTICE, Goody's Fast Pain Relief 500, Martinsville, VA, HD, L
1:00P-2:00	SPEED	NASCAR Camping World Truck Series PRACTICE, Kroger 250, Martinsville Speedway, Martinsville, VA, HD, L
2:00P-3:00	SPEED	NASCAR Live at Martinsville Speedway, HD, L
3:00P-4:30	SPEED/TSN	NASCAR Sprint Cup QUALIFYING, Goody's Fast Pain Relief 500, Martinsville, VA, HD, L
4:30P-5:30	SPEED	NASCAR Camping World Truck Series QUALIFYING, Kroger 250, Martinsville Speedway, Martinsville, VA, HD, L
5:30P-6:00	SPEED	Sounds of NASCAR, HD, R
7:00P-8:00	SPEED	Trackside (NASCAR) at Martinsville Speedway, HD, L
8:00P-9:30	SPEED	NASCAR Sprint Cup PRACTICE, <i>Goody's Fast Pain Relief 500</i> , Martinsville, VA, HD, SDD, R
9:30P-11:00	SPEED	NASCAR Sprint Cup QUALIFYING, <i>Goody's Fast Pain Relief 500</i> , Martinsville, VA, HD, SDD, R

11:00P-12:00m SPEED Trackside (NASCAR) at Martinsville Speedway, HD, R

SATURDAY, MARCH 27

12:00m-12:30A SPEED Sounds of NASCAR, HD, R

12:30A-1:00 SPEED Mobil 1 *The Grid*, motorsports action worldwide, HD, R

1:00A-2:00 SPEED Formula 1 Debrief, *Bahrain GP*, HD, N

1:52A-3:30 RDS Qualifications Formule 1: Australie, 16:9, L

1:55A-3:00 TSN FIA Formula 1 QUALIFYING. QANTAS Australian Grand Prix, Albert Park, Melbourne, AUS, 16:9, L

2:00A-3:30 SPEED FIA Formula 1 QUALIFYING. QANTAS Australian Grand Prix, Albert Park, Melbourne, AUS, L

7:00A-7:30 SPEED Motorweek, 15013, R

7:30A-9:00 RDS Qualifications Formule 1: Australie, 16:9, SDD, R

8:00A-9:00 TSN2 FIA Formula 1 QUALIFYING. *QANTAS Australian Grand Prix*, Albert Park, Melbourne, AUS, 16:9, SDD, R

10:30A-11:30 SPEED NASCAR Sprint Cup PRACTICE, Goody's Fast Pain Relief 500, Martinsville, VA, HD, L

11:30A-1:00P SPEED NASCAR Sprint Cup FINAL PRACTICE, Goody's Fast Pain Relief 500, Martinsville, VA, HD, L

1:00P-1:30 SPEED NASCAR Live at Martinsville Speedway, HD, L

1:30P-3:00 RDS Qualifications Formule 1: Australie, 16:9, SDD, R

1:30P-2:00 SPEED NASCAR Camping World Truck Series SETUP, Kroger 250, Martinsville Speedway, Martinsville, VA, HD, L

2:00P-4:30 SPEED NASCAR Camping World Truck Series Kroger 250, Martinsville Speedway, Martinsville, VA (expect green at 2:16P)

3:30P-4:30 TSN2 FIA Formula 1 QUALIFYING. *QANTAS Australian Grand Prix*, Albert Park, Melbourne, AUS, 16:9, SDD, R-TSN

4:30P-5:00 SPEED NASCAR Performance, Martinsville Speedway, HD, L

6:00P-7:00 SPEED Rally: *Targa Newfoundland 2009*, Sept 11-18/09, HD, N

7:00P-8:00 SPEED Lucas Oil Off Road Racing: Lake Elsinore (14020), N

8:00P-10:00 SPEED *Chili Bowl Midget Nationals*, QuikTrip Center, Tulsa, OK, Jan 16/10, R

9:00P-11:00 espn2 NHRA Full Throttle Drag Racing Series QUALIFYING, Four-Wide Nationals, Charlotte, NC, SDD

10:00P-11:00 SPEED AMA Pro Racing: American Superbike, Daytona SportBike and Supersport, Auto Club Speedway, Part #1 (15002), Fontana, CA, HD, SDD, N

11:00P-12:00 SPEED AMA Pro Racing: American Superbike, Daytona SportBike and Supersport, Auto Club Speedway, Part #2 (15003), Fontana, CA, HD, SDD, N

SUNDAY, MARCH 28

12:00m-12:30A SPEED Mobil 1 *The Grid*, motorsports action worldwide, HD, R

12:30A-1:30 SPEED Formula 1 Debrief, *Bahrain GP*, HD, R

1:30A-4:00 RDS Les Grands Prix de Formule 1: Australie, 16:9, L

1:30A-4:00 SPEED FIA Formula 1 QANTAS Australian Grand Prix, Albert Park, Melbourne, AUS, L

1:55A-4:00 TSN FIA Formula 1 QANTAS Australian Grand Prix, Albert Park, Melbourne, AUS, 16:9, L

7:30A-10:00 RDS Les Grands Prix de Formule 1: Australie, 16:9, SDD, R

8:00A-10:00 TSN2 FIA Formula 1 *QANTAS Australian Grand Prix*, Albert Park, Melbourne, AUS, 16:9, SDD, R

8:30A-9:00 SPEED NASCAR Performance, Martinsville Speedway, HD, R

9:00A-10:00	espn2	NASCAR Now, pre-race, HD, L
9:30A-10:00n	SPEED	NASCAR in a Hurry, Bristol Motor Speedway, HD, L
10:00A-10:30	espn2	NHRA Race Day, Charlotte, NC, L
10:00A-12:00n	SPEED	NASCAR RaceDay, preview of today's <i>Goody's Fast Pain Relief 500</i> at Martinsville Speedway, HD, L
11:00A-12:00n	TSN	NASCAR Now, HD, N
12:00n-1:00P	SPEED	Lucas Oil Off Road Racing: Speedworld (14021), N
12:00n-1:00P	CBS	AMA Supercross Jacksonville Municipal Stadium, Jacksonville, FL, Mar 27/10, HD, N
12:00n-1:00P	FOX/TSN	NASCAR Sprint Cup PRE-RACE, <i>Goody's Fast Pain Relief 500</i>, Martinsville, VA, HD, L
1:00P-5:00P	FOX/TSN	NASCAR Sprint Cup <i>Goody's Fast Pain Relief 500</i>, Martinsville, VA, HD, L (expect green at 1:13P)
1:30P-3:30	TSN2	FIA Formula 1 <i>QANTAS Australian Grand Prix</i> , Albert Park, Melbourne, AUS, 16:9, SDD, R-TSN
3:00P-4:00	SPEED	FIM World Superbike, Autodromo International do Algarve, Race #1, Portimão, Portugal, SDD, N
3:30P-6:00	ABC/TSN2	IZOD Indycar Series <i>Honda Grand Prix of St.Petersburg</i>, St. Petersburg, FL, HD, L
4:00P-5:00	SPEED	FIM World Superbike, Autodromo International do Algarve, Race #2, Portimão, Portugal, SDD, N
4:00P-5:00	VS	AMSOIL Championship Snocross: Hayward Powersports/Polaris 300 National, Hayward, WI, Mar 6-7/10
5:00P-7:30	espn2	NHRA Full Throttle Drag Racing Series ELIMINATIONS, <i>Four-Wide Nationals</i>, Charlotte, NC, SDD
5:00P-6:00	SPEED	National Arenacross Series, Mid-America Center #1, Council Bluffs, IA, Mar 12-14/10, HD, N
6:00P-7:00	SPEED	AMA Supercross Lites, Jacksonville Municipal Stadium, Jacksonville, FL, Mar 27/10, HD, N
7:00P-8:00	SPEED	The SPEED Report, HD, N
8:00P-9:00	SPEED	NASCAR Victory Lane, <i>Goody's Fast Pain Relief 500</i> at Martinsville Speedway, HD, L
9:00P-10:00	SPEED	Wind Tunnel with Dave Despain, HD, L
9:30P-12:00m	RDS	NASCAR Coupe Sprint: <i>Goody's Fast Pain Relief 500</i> (Martinsville), HD, SDD, N
11:00P-12:00m	SPEED	AMA Pro Racing: American Superbike, Daytona SportBike and Supersport, Auto Club Speedway, Part #3 (15004), Fontana, CA, HD, SDD, N

MONDAY, MARCH 29

12:00m-1:00A	SPEED	AMA Pro Racing: American Superbike, Daytona SportBike and Supersport, Auto Club Speedway, Part #4 (15005), Fontana, CA, HD, SDD, N
2:00A-3:00	SPEED	NASCAR Victory Lane, <i>Goody's Fast Pain Relief 500</i> at Martinsville Speedway, HD, R
3:00A-4:00	SPEED	Wind Tunnel with Dave Despain, HD, R
8:00A-9:00	SPEED	The SPEED Report, HD, R
9:00A-10:00	SPEED	NASCAR Victory Lane, <i>Goody's Fast Pain Relief 500</i> at Martinsville Speedway, HD, R
10:00A-11:00	SPEED	Wind Tunnel with Dave Despain, HD, R
12:00n-3:00P	SPEED	NASCAR Camping World Truck Series <i>Kroger 250</i> , Martinsville Speedway, Martinsville, VA, Mar 27/10, HD, R
1:00P-3:30	RDS	NASCAR Coupe Sprint: <i>Goody's Fast Pain Relief 500</i> (Martinsville), HD, R
3:30P-6:00	RDS	Les Grands Prix de Formule 1: Australie, 16:9, R

6:00P-7:00	espn2	NASCAR Now, L
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:30P-9:30	RDS	La Série Indycar: Grand Prix De St-Petersburgh (Floride), N
9:30P-10:00	SPEED	Sounds of NASCAR, N
10:00P-10:30	SPEED	NASCAR in a Hurry - Monday Edition, Martinsville Speedway, HD, N
10:30P-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

TUESDAY, MARCH 30

1:30A-2:00	SPEED	Sounds of NASCAR, HD, R
2:00A-2:30	SPEED	NASCAR in a Hurry - Monday Edition, Martinsville Speedway, HD, R
2:00A-3:00	espn2	NASCAR Now, R
2:30A-3:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
3:00A-4:00	SPEED	National Arenacross Series, Alamodome, San Antonio, TX, Feb 21/10, HD, R
4:00A-5:00	SPEED	National Arenacross Series, Mid-America Center #1, Council Bluffs, IA, Mar 12-14/10, HD, R
9:30A-10:00	SPEED	Sounds of NASCAR, HD, R
10:00A-10:30	SPEED	NASCAR in a Hurry - Monday Edition, Martinsville Speedway, HD, R
10:30A-11:00	SPEED	NASCAR: <i>What's the Deal?</i> with Jimmy Spencer, HD, R
11:00A-12:00n	RDS	La Série Indycar: Grand Prix De St-Petersburgh (Floride), R
1:00P-2:00	SPEED	AMA Supercross Lites, Jacksonville Municipal Stadium, Jacksonville, FL, Mar 27/10, HD, R
2:00P-3:00	SPEED	FIM World Supersport, Autodromo International do Algarve, Portimão, Portugal, Mar 28/10, N
5:00P-5:30	espn2	NASCAR Now, L
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:00P-9:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Goody's Fast Pain Relief 500</i> at Martinsville Speedway wrap up. HD, N
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

WEDNESDAY, MARCH 31

12:00m-1:00A	SPEED	Race in 60: NASCAR Sprint Cup <i>Goody's Fast Pain Relief 500</i> at Martinsville Speedway wrap up. HD, R
1:30A-2:00	espn2	NASCAR Now, R
3:00A-4:00	SPEED	FIM World Superbike, Autodromo International do Algarve, Race #1, Portimão, Portugal, Mar 28/10, R
4:00A-5:00	SPEED	FIM World Superbike, Autodromo International do Algarve, Race #2, Portimão, Portugal, Mar 28/10, R
8:00A-9:00	SPEED	Race in 60: NASCAR Sprint Cup <i>Goody's Fast Pain Relief 500</i> at Martinsville Speedway wrap up. HD, R
12:00n-3:00P	SPEED	NASCAR Sprint Cup Replay: <i>Goody's Fast Pain Relief 500</i> , Martinsville, VA, Mar 28/10, HD, R-FOX
12:00n-2:30	TSN	NHRA Full Throttle Drag Racing Series ELIMINATIONS, <i>Four-Wide Nationals</i> , Charlotte, NC, Mar 28/10, HD, N
3:00P-5:30	TSN2	NHRA Full Throttle Drag Racing Series ELIMINATIONS, <i>Four-Wide Nationals</i> , Charlotte, NC, Mar 28/10, HD, R-TSN
7:30P-8:00	SPEED	NASCAR Race Hub, HD, L
8:30P-9:00	SPEED	Sounds of NASCAR, HD, R
11:30P-12:00m	SPEED	NASCAR Race Hub, HD, R

Race Fan TV does not list all the programming offered by SPEED; for complete listings go to their website, <http://www.speedtv.com/schedule/>

US television notes:

ESPN-CL = ESPN Classic, US

VS = Versus (formerly known as OLN, Outdoor Life Network)

Canadian television notes

ESPN-CL-CA = Canadian ESPN Classic

OLN-Canada = Outdoor Life Network (Canadian version)

RDS = *Le Réseau des Sports*: French language sister channel to TSN, Canada

RIS = French language sports information channel, Canada

RSO = Rogers Sportsnet Ontario; for listings for other Sportsnet regions check out <http://www.sportsnet.ca/>

TSN = The Sports Network, Canada

TSN2 = This is a second TSN digital channel. Contact your cable/satellite television provider to check on availability